High School Activities and Achievements

<u>Directions:</u> When typing up your Activities and Achievements sheet include all the items in bold. Use the examples below to assist you with what should be included under each bolded section. Remember to only include what you participated in during your high school years.

Name:
Grade:
Address:
Email:
GPA:
Rank:
ACT Composite:

<u>School Activities:</u> (Groups/organization sponsored by CLPS; National Honor Society, Student Council, Band, Athletics, Yearbook, etc.). List the school activities you participated in and what grade/s you were involved. Also indicate if you held a leadership role.

Examples:

- National Honor Society- 11th and 12th grade; Vice President (12th grade)
- Student Council- 10th, 11th, 12th grade; Secretary (11th grade)
- Band- 9th, 10th, 11th, 12th grade
- Football- 9th, 10th, 11th, 12th grade; Captain (12th grade)

<u>Volunteer Activities</u>: (Big Brothers Big Sisters, Blood Drive, Church, Scouts, Food Pantry, etc.). List the volunteer activities you participated in and indicate if it was affiliated with an organization. Briefly describe the volunteer work and the duration of your involvement.

Examples:

- Boy Scouts- raked leaves for the elderly & snow shoveled driveways, picked up litter along the roadsides (Fall/Winter of 10th and 11th grade)
- Big Brothers Big Sisters- met with an elementary student once a week (12th grade)
- Blood Drive- set up the canteen area, registered students (2 events in 11th and 12th grade)
- Tutoring- assisted a 1st grade student after school twice a week (12th grade)

<u>Work Experience</u>: List job/s you held while in high school. You may include summer employment. Briefly describe the work you did and indicate the time frame in which you worked.

Examples:

- Gable's Farm- helped prune trees and harvest fruit; (June 2013-August 2013)
- TJ's Restaurant- hostess, bused tables (June 2012-Present)
- Smith Family- babysitting (November 2013-June 2014)
- Johnson Family- mowed lawn, landscaping (July 2013-October 2013)

Special Awards: List special awards or recognition you received in academics, athletics, etc.

Examples:

- Honor Roll Student- 9th, 10th, 11th, 12th grade
- Most Valuable Player in Soccer- 10th grade
- Rotary Student of the Month- 12th grade
- Softball Leadership Award- 11th grade

<u>Career Goals:</u> List what career you plan to pursue and where you plan to go to college (if applicable).

Examples:

- I plan to attend Grand Valley State University to become an elementary teacher.
- I plan to enter the Army upon graduating from high school. While I'm in the Army I would like to study to become an electrician.
- I would like to study nutrition and become a physical trainer. I plan to attend Northern Michigan College for two years and transfer to Central Michigan University.

<u>References</u> (2)-Provide the person's name, title, address, email (if they have one), and phone number. Always ask a person first if you can put them down as a reference for you.