

# NOVEMBER | 2023



## Central Lake MS/HS Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1 No School	2 Chicken Alfredo Breadstick Asparagus Fruit Milk	3 Pizza Bosco Stick Marinara Sauce Green Beans Pasta Salad Fruit Milk
6 Chili Cheese Dog On WG Bun Baked Beans Diced Onions Fruit Milk	7 Mashed Potato Chicken Bowl Chicken Gravy Kernel Corn Biscuit Fruit, Milk	8 Breakfast for Lunch French Toast Sticks Sausage Links Scrambled Eggs Tater Tots Fruit, Milk	9 Baked Ziti Sweet Peas Garlic Breadstick Fruit Milk	10 Garlic Bread Pizza Seasoned Carrots Coleslaw Fruit Milk
13 Chicken Nuggets French Fries Dinner Roll Fruit Mil	14 Oriental Chicken Fried Rice Egg Roll Broccoli Fruit Milk	15 Beefy Nachos Tortilla Chips Refried Beans Mexican Rice Fruit Milk	16 Spaghetti with Meat Sauce Garlic Bread Green Beans Fruit Milk	17 Cheezy Bosco Sticks Marinara Sauce Cauliflower Fruit Milk
20 Chicken Sandwich On WG Bun Spicy and Regular Baked Beans Fruit Milk	21 Mashed Potatoes Turkey Gravy Sweet Potato Casserole Green Bean Casserole Pumpkin Pie Fruit, Milk	22 <sup>1</sup> / <sub>2</sub> Day Personal Pan Pizza Cheesy Cauliflower Fruit Milk	23 Thanksgiving Day	24 No School
27 Chicken Tenders French Fries Biscuit Fruit Milk	28 Tater Tot Casserole Kernel Corn Biscuit Fruit Milk	29 Beefy Tacos Tortilla Refried Beans Mexican Rice Fruit Milk	30 Homemade Mac and Cheese Dinner Roll Seasoned Carrots Fruit Milk	1 Pizza Bosco Marinara Sauce Green Beans Fruit Milk

### News

**Daily Choices:  
Salad Bar  
Containing Lettuce,  
Fresh Veggies,  
Fresh and/or  
canned fruit.  
Homemade Salads  
White or Flavored  
Milk**

**All students eat  
free!**

**Come join us for  
breakfast!!  
Menus are subject  
to change if  
product becomes  
unavailable.**

**Questions:  
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