APRIL | 2024



Central Lake Breakfast K-12

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Spring Break	Warm Biscuits w/Raw Honey or Peanut Butter	WG Fruit Bread Banana or Lemon	Sausage Pancake Wrap w/Syrup	WG Bagel w/Cream Cheese or Peanut Butter
8	9	10	11	12
WG Assorted Muffins	WG English Muffin Bacon, Egg & Cheese	Yogurt Parfaits Mango or Plain	WG Donut Holes	WG Bagel w/Cream Cheese or Peanut Butter
15	16	17	18	19
WG Assorted Muffins	WG Breakfast Burrito Sausage, Egg & Cheese	Yogurt Parfaits Peach cobbler or Plain	Sausage Pancake Wrap w/Syrup	WG Bagel w/Cream Cheese or Peanut Butter
22	23	24	25	26
WG Assorted Muffins	WG Croissant Sandwich Sausage, Egg & Cheese	Very Berry Smoothies	WG Cinnamon Rolls	WG Bagel w/Cream Cheese or Peanut Butter
29	30	1	2	3
WG Assorted Muffins	WG English Muffin Ham, Egg & Cheese			

Happy Spring! Breakfast is free to

all Students!

To receive a free
breakfast. students must
choose a fruit, grain
and/or milk. Milk alone is
.60 cents

Everyday Alternative items: Cereal, fresh fruit, cheese sticks, 100% juice, milk, yogurt, and a WG graham item

½ cup of fruit is a requirement for breakfast.

WG=Whole Grain

Questions or comments

Please contact
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Menus may change if an
item becomes unavailable