

NOVEMBER | 2023



Central Lake Early Childhood Development Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30	31	1 No School	2 WG Rice Krispies Cereal String Cheese Fruit White Milk	3 Yogurt Parfait WG Cheerios Fruit White Milk
6 WG Cheerios Cereal Cheese Stick Fruit White Milk	7 Egg and Cheddar Cheese WG English Muffin Fruit White Milk	8 WG Pancake Wrap Cottage Cheese Fruit White Milk	9 WG Rice Krispies Cereal Cheese Stick Fruit White Milk	10 Yogurt WG Graham Item Hard Cooked Egg Fruit White Milk
13 WG Biscuits and Gravy Egg Patty Fruit White Milk	14 WG Mini Pancakes Simply Fruit Cottage Cheese Fruit White Milk	15 WG Cinnamon Mini Pull-Aparts Cheese Stick Fruit White Milk	16 WG Bagels w/Cream Cheese Hard Cooked Egg Fruit White Milk	17 WG Breakfast Pizza Cheese Stick Fruit White Milk
20 WG Corn Flakes Egg Patty Fruit White Milk	21 Egg and Cheese WG Bagel Fruit White Milk	22 ½ Day WG Fruit Bread Egg Patty Fruit White Milk	23 Thanksgiving Day	24 No School
27 WG Breakfast Burrito Cheddar Cheese Slice Fruit White Milk	28 WG Mini Waffles Simply Fruit Cottage Cheese Fruit White Milk	29 Pancake Wrap Cheese Stick Fruit White Milk	30 Banana Muffin String Cheese Yogurt Fruit White Milk	1 WG Rice Krispies Cereal Hard Cooked Egg Fruit White Milk

News

All Breakfasts come with a fruit and 1% White Milk

Menus may change if an item becomes unavailable.

Questions:

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