



JANUARY | 2024

Central Lake Early Childhood Development Snack Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 No School Winter Break	2 No School Winter Break	3 4oz Fruit Yogurt WG Graham Item	4 WG Graham Item 100% Juice Box	5 Fresh Fruit WG Graham Item White Milk
8 Cottage Cheese WG Graham Item White Milk	9 Fruit Cup WG Graham Item	10 4oz Fruit Yogurt WG Graham Item	11 WG Graham Item 100% Juice Box	12 Fresh Fruit WG Graham Item White Milk
15 WG English Muffin Simply Fruit White Milk	16 Fruit Cup WG Graham Item	17 4oz Fruit Yogurt WG Graham Item	18 WG Graham Item 100% Juice Box	19 Fresh Fruit WG Graham Item White Milk
22 Carrot Sticks Ranch Dressing WG Graham Item White Milk	23 Fruit Cup WG Graham Item	24 4oz Fruit Yogurt WG Graham Item	25 *HALF DAY*	26 Fresh Fruit WG Graham Item White Milk
29 WG 1oz Mini Bagel Cream Cheese White Milk	30 Fruit Cup WG Graham Item	31 4oz Fruit Yogurt WG Graham Item	1	2

**Happy New
Year!!!**

Whole White Milk for
1-2 year olds.

1% White Milk for 2-5
year olds & K-12

WG=Whole Grain

Questions or comments
please contact Nicole

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Menus may change if an item
becomes unavailable