



JANUARY | 2024

Central Lake Early Childhood Development Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 No School Winter Break	2 No School Winter Break	3 WG Banana Muffin 6oz Yogurt	4 WG Pancake wrap Cheddar Cheese Slice	5 WG Rice Krispies Cereal Hard Cooked egg
8 WG Cheerios Cereal Cottage Cheese	9 Egg & Cheddar Cheese WG English Muffin Sandwich	10 6oz Yogurt WG Graham Item	11 WG Pancakes Simply Fruit Jam Cottage Cheese	12 WG 2oz Bagel w/Cream cheese Hard Cooked Egg
15 WG Blueberry Muffin 6oz Yogurt	16 Peach Oatmeal Cheese stick	17 WG Corn Flakes Cottage Cheese	18 WG French Toast Simply Fruit Cheese Stick	19 WG Rice Krispies Cereal Hard cooked Egg
22 WG Banana Muffin 6oz Yogurt	23 Egg & Cheddar Cheese WG English Muffin Sandwich	24 WG Cheerios Cereal Cottage Cheese	25 *HALF DAY*	26 WG 2oz Bagel w/Cream cheese Hard Cooked Egg
29 WG Cheerios Cereal Cottage Cheese	30 Banana Oatmeal Cheese stick	31 6oz Yogurt WG Graham Item	1	2

**HAPPY NEW
YEAR!!!**

Every Breakfast
comes with fresh
fruit, Whole white
milk for 1-2 year
olds. 1%/skim white
milk for 2-5 year
olds.

WG=Whole Grain
Questions or comments
please contact
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Menus may change if an item
becomes unavailable