

# APRIL | 2024



## Central Lake Early Childhood Development Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Spring Break	2 Biscuits w/Simply Fruit or Peanut Butter	3 Banana Oatmeal Cheese Stick	4 WG Blueberry Pancakes w/Simply Fruit	5 WG 2oz Bagel w/Cream Cheese or Peanut Butter Cottage Cheese
8 WG Rice Krispies Cereal Hard Cooked Egg	9 WG English Muffin Egg & Cheese	10 Peach Oatmeal Cheese Stick	11 WG Cinnamon Pancakes w/Simply Fruit	12 WG 2oz Bagel w/cream Cheese or Peanut Butter Cottage Cheese
15 WG Cheerios Cereal Hard Cooked Egg	16 WG Breakfast Burrito Sausage, Egg & Cheese	17 Strawberry Oatmeal Cheese Stick	18 WG Blueberry Pancakes w/Simply Fruit	19 WG 2oz Bagel w/Cream Cheese or Peanut Butter Cottage Cheese
22 WG Rice Krispies Cereal Hard Cooked Egg	23 WG Croissant Sandwich Sausage, Egg & Cheese	24 Very Berry Smoothies Cheese Stick	25 WG Cinnamon Pancakes w/Simply Fruit	26 WG 2oz Bagel w/Cream Cheese or Peanut Butter Cottage Cheese
29 WG KIX Cereal Hard Cooked Egg	30 WG English Muffin Egg & Cheese	1	2	3

### Happy Spring!

Every Breakfast comes with fresh fruit, Whole white milk for 1-2 year olds. 1% skim white milk for 2-5 year olds.

Simply Fruit is a jam made with 100% fruit, no added sugar!

WG=Whole Grain

Questions or comments  
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Menus may change if an item becomes unavailable