



Trojan Weekly

Principal's Corner



Date: September 24, 2023

Principal's Corner

Vol. 2, No. 4

Week four of the Trojan Weekly for the 2023-24 school year. It's all about Homecoming!

...and Homecoming is about remembering and honoring the community and school that helped shape our lives and provided the foundation for the kind of person we have become. For recent graduates, it is a quick trip back and fresh memories. For others, it is a chance to reflect on the years between and all that we have had a chance to accomplish and experience. For many it is a generational timeline from grandparents to grandchildren that graduated and will graduate from Central Lake HS. Regardless, it is a chance for all Central Lake families and students to embrace the community, support the school, and celebrate through time honored traditions that are still fun today!

Nothing happens without the efforts of strong leadership-both mentors and students. Student Council Coach and teacher Ashley Eggleston and Cheer Coach Lisa Hoogerhyde coordinated the activities that raised Trojan spirit throughout the district, relying on their student leaders to help manage all the details.

Students in the district participated daily showing their Trojan pride dressing according to various themes. An assembly was held in both buildings that brought students together to celebrate with our athletes. I was blessed to see nearly 100% of our middle school high school students take part in games that started at 1:30 and culminated with the seniors winning the tug of war at 3:00! It was non-stop fun for an hour and a half!

Next was the parade of teams from middle school through high school, volleyball and football programs led by the village police and including our fire department. Additionally, wagon floats produced by each class were proudly pulled that students worked on during lunch throughout the week. Top prize went to the Freshmen! The homecoming court was also on hand riding comfortably in golf carts and enthusiastically received by the community.

The game ended as any Central Lake fan would have hoped, with a victory over close rival Bellaire. The seniors captured top honors for most spirited class through the weekly competitions. Finally, the highly anticipated highlight for many was the crowning of the king-Tristin Wiltse and the queen-Kendall Drake. On hand to present were last year's honorees king Quinten Evans and queen Journey Hutchins.

The Saturday Homecoming Dance was a wonderful conclusion to a highly successful week of celebrating with classmates. I hope you have a chance to check out the many photos that capture timeless moments taken by Joyce Persons.

If you have any questions or concerns, please contact me at your convenience.

Have a great week!

Principal Larry Rager

231-544-3141 ext 54201

rager@clps.k12.mi.us

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Elementary Newsletters	MSHS Newsletters	Parent PowerSchool Information
Kindergarten, Ms. McAvoy 1st Grade, Ms. Neiter 2nd Grade, Mrs. Buffman 3rd Grade, Ms. Stenbeck 4th Grade, Mr. VanderHart 5th Grade, Mrs. Perkins	6th Grade 7th Grade 8th Grade 9th Grade 10th Grade 11th Grade 12th Grade	Parents of students in grades 6-12 can login to PowerSchool to monitor their child's attendance and academics. If you need assistance with your PowerSchool account, please email Mrs. Rogers Parent PowerSchool Link

Kjersten's Ride & Yellow Ribbon Event

On Monday, September 25, 2023 a presentation of the Yellow Ribbon suicide prevention program will be presented to Central Lake Middle & High School students, grades 7-12. There will be a one-hour presentation for 7th/8th grade (9:00 am) and 9th-12th grader (12:45 pm). Families with a child in grades 7-12 will be receiving a letter about the presentation and an [opt-out form](#) if you wish your child not to attend. Parents are invited and encouraged to attend, please contact Mrs. Rogers at the

MSHS to let her know you if you'd like to be present. [Parent Opt Out Form](#)

Lisa Clavier, kierstensride@outlook.com Barb Smith, Barb.smith@srrn.net

Michigan Post-Graduate Opportunities


The Michigan Department of Education (MDE) has partnered with the Michigan Department of Labor and Economic Opportunity (LEO) to enhance the Michigan Career Pathfinder (mitalent.org) Resources page with organized resources that will help students and their families review college information, find financial aid information, get a job, serve their community or country, assess their skills if unsure of their path, and explore opportunities to earn college credit or receive training in high school. Please see the following resources below, or contact Mrs. Spyhalski: spyhalski@clps.k12.mi.us

[Parent Check List](#)

[Pathfinder Link](#)

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Trojan Wellness Program	Early Childhood Programming
<p>Fall weather is quickly approaching and while many of our CLPS students are getting back into the swing of school and all that goes with it, some students are already struggling with feelings of worry, sadness, or something else that could be making everyday school activities more difficult.</p> <p>The Trojan Wellness Center has current openings for mental health support for new or returning students. Services are available during the school day for students right at school, including individual or group sessions. Be watching your mail/email for more information about access to services or contact Kris Hoeksema, LMSW at 231-544-3141 ext 54407 or k.hoeksema@nwhealth.org.</p> <p>The changing schedules also mean students tend to feel run down and tired. According to the American Academy of Sleep Medicine, “healthy sleep is critical for students to excel in schoolwork, sports and extracurricular activities”. To help feel fully rested, students 6-12 years old should get 9-12 hours of sleep each night. Teenagers 13-18 should have 8-10 hours. Nightly relaxation routines and consistent schedules can ease the adjustment of new school year sleep habits. If you or your student would like further help, please contact Jamie Klooster, school nurse at 231-544-3141 ext 54400 on Mondays or Tuesdays.</p>	<p>Our program still has Preschool openings in both classrooms for 3 to 5 year olds Please reach out to Anne at thornton@clps.k12.mi.us</p> <p>Our playground is almost done! Please stay tuned for a Fall Family Playground Open House.</p> <div style="text-align: center;">  </div>
Building Contact Information	
<p>Larry Rager, K-12 Principal Athletic Director, rager@clps.k12.mi.us 231-544-3141 ext 54201</p> <p>Elementary School</p> <p>Rebecca Moffat, Assistant Principal, moffat@clps.k12.mi.us 231-544-3141 ext 54335</p> <p>Amanda Teal, Secretary, teal@clps.k12.mi.us 231-544-3141 ext 54300</p> <p>Middle/High School</p> <p>Cindy Rogers, Secretary, rogers@clps.k12.mi.us 231-544-3141 ext 54200</p> <p>Early Childhood Program</p> <p>Anne Thornton, Director, thornton@clps.k12.mi.us 231-544-3141 ext 54331</p>	

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Upcoming School & Athletic Events

Monday September 25th

- a. Kjersten's Ride & Yellow Ribbon Event
 - I. 7th and 8th Grade Students 9:00 am
 - II. 9th-12th Grade Students 12:45 pm
- b. Middle School Volleyball vs. Jo'Burg @ Home 6:00 PM

Tuesday September 26th

- a. JV & Varsity Volleyball vs. Onaway @ Onaway 6:00 PM Bus: 4:00 PM

Wednesday, September 27th

- a. MS Football vs. Pellston @ Home 6:00 PM
- b. MS Volleyball vs. Forest Area @ Forest Area 6:00 PM Bus: 4:30 PM

Thursday, September 28th

- a. JV & Varsity Volleyball vs. Bellaire @ Home 6:00 PM
- b. TENTATIVE JV Football vs. Brethren 6:00 PM

Friday, September 29th

- a. JV & Varsity Volleyball Fundraiser Product Arrives

Saturday, September 30th

- a. Varsity Football vs. Suttons Bay @ Suttons Bay 3:00 PM Bus: 12:40 PM
- b. Junior Varsity Volleyball @ Kalkaska Tournament Bus: TBD
- c. Varsity Volleyball @ Onaway Tournament Bus: TBD