



Trojan Weekly

Principal's Corner



Date: January 14, 2024

Principal's Corner

Vol. 2 , No. 17

Greetings Trojans!

January 19 will be the end of the semester. This week will be the final opportunity for students to finish strong and complete all work towards credit at the high school level. Final Exams are this week and an important stamp on the semester grade. Please monitor PowerSchool and check in with your student(s) regarding the importance of grades.

January 25 is Parent Teacher Conferences. This is a great opportunity to connect with your student's teachers. It is also a half day.

Despite the ice cubes, spoons, and snow dances-we continue to make progress towards the end of the semester. Pay close attention to information regarding cancellations of events.

Have a great week!

Principal Larry Rager

231-544-3141 ext 54201

rager@clps.k12.mi.us

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Elementary Newsletters	MSHS Newsletters	Parent PowerSchool Information
<p>Kindergarten, Miss McAvoy 1st Grade, Ms. Neiter 2nd Grade, Mrs. Buffman 3rd Grade, Ms. Stenbeck 4th Grade, Mr. VanderHart 5th Grade, Mrs. Perkins Elementary Title</p>	<p>6th Grade 7th Grade 8th Grade 9th Grade 10th Grade 11th Grade 12th Grade</p>	<p>Parents of students in grades 6-12 can login to PowerSchool to monitor their child's attendance and academics. If you need assistance with your PowerSchool account, please email Mrs. Rogers Parent PowerSchool Link</p>

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REMINDERS

- Conferences are fifteen minutes each.
- Early Release: Thursday, January 25th
 - Middle/High School: 11:25 AM
 - Elementary: 11:30 AM

Contact Information

K-5: Amanda Teal

231-544-3141 ext. 54300, teal@clps.k12.mi.us

6-12: Cindy Rogers

231-544-3141 ext 54200, rogers@clps.k12.mi.us

We look forward to speaking with you at Parent-Teacher Conferences!

[Parent Teacher Conference Letter](#)

How to Schedule Conferences

1. Please go to the following web address:

https://ptcfast.com/schools/Central_Lake_Public_Schools

2. Complete the registration form and check your email for a link.
3. Select the date and time.
4. Write the students name, parent phone number and parent email address.
5. If the teacher is not available at the time requested, please contact them directly for a time outside of conferences to meet.
6. Complete the registration and you can login at any time to modify your times.

MiPHY Parental Notification

Our school is taking part in the Michigan Profile for Healthy Youth Survey supported by the Michigan Department of Education. The research survey will ask about the health behaviors of 7th, 9th, and 11th grade students. The survey will ask about behavior and attitude related to nutrition, physical activity, injuries, tobacco, alcohol, and other drug use. It will also ask about sexual behaviors that cause AIDS, other sexually transmitted diseases, and pregnancy.

Students will be asked to complete an online survey at a private computer terminal. Participation in the survey will cause little or no risk to any student. The only potential risk is that some students might find certain questions to be sensitive. The survey has been designed to protect each student's privacy. Students will not be asked to provide their name or any other identifying information.

If you would prefer your child not participate, please return the "parent opt-out" form to the MSHS office by January, 19.

[Parent Notification & Opt Out Form](#)

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Trojan Wellness Program

As students are returning to school in this new year, it's a great time to think about taking care of our bodies and our minds. Physical and emotional health play an important role in a student's ability to learn and get along with their peers. The Trojan Wellness Center is available to help promote whole body health for our Central Lake students. Come check out the Wellness Center located in the MSHS and meet Nurse, Jamie Klooster and Mental Health provider, Kris Hoeksema, who are available to talk with parents and students about these resources.

Early Childhood Programming

Please join us on Tuesday, Jan 16th for our Social and Emotional Learning Series. RSVP for free aftercare [here](#)

Social Emotional Learning Series
Emotional Language and Self-Regulation
TUESDAY JANUARY 16, 3:15-4:15
PARENT MINGLE FROM 3:00-3:15

Stop in after school for a snack, time to mingle with other parents, and information about your child's social and emotional learning. This month we will discuss how to talk about emotions with our kiddos and how to help them when emotions run high.
Free make and take activity: calming jar!

Location: Central Lake Elementary School Library
Free childcare provided for ages 3 and up, registration required (see form or RSVP to thorntons@cps.k12.mi.us)

SAVE THE DATE FOR OUR FINAL SESSIONS!
TUESDAY FEBRUARY 20, 3:15-4:15
TUESDAY MARCH 19, 3:15-4:15

Logos for Northern Antrim Schools, Northern Antrim County, and CLEO are present.

Reminder that Thursday, January 18th is an **early release day for our Infant and Toddler rooms** for staff meeting and planning. Please plan to pick up at 3:30pm

In January it's fun to start to think about summer! Bike riding, boating, swimming, oh my! Great Start Collaborative will plan to provide Central Lake families of children 0-8 with Summer Safety Gear.

SUMMER SAFETY

The Great Start Collaborative and Family Coalition of Charlevoix, Emmet, and Northern Antrim Counties is once again glad to provide summer safety materials to Central Lake children 0-8 who are in need! Please complete the below Form by 1/26/24 if your child has a need at this time.

forms.gle/pYy5gpTaZe76rkDcA

Logos for Northern Antrim Schools and Family Coalition are present.

[Sign up Here:](#)

Tumble Time (and Talk!) is back! Please see the attached flier along with additional resources from Central Lake Family Resource

YOU'RE INVITED TO

TUMBLE & TALK TIME

Central Lake Elementary Gym
10:00 am - 11:30 am
Saturday, January 6
Saturday, February 10
Saturday, March 2
Saturday, April 6

For families with children birth - 9 & siblings

- HAVE FUN PLAYING TOGETHER
- WEAR PAT WINTER ENERGY
- MAKE FRIENDS

NOW OFFERING PARENT TALK TIME!

- 10:05-11:30 AM DURING TUMBLE TIME
- OPTIONAL: QUESION INFORMATION & DISCUSSION ABOUT PARENTING YOUNG CHILDREN
- CHILDCARE AVAILABLE FOR PARTICIPATING FAMILIES
- REGISTRATION APPRECIATED TO ENSURE MATERIALS AND CHILDCARE
- SCAN QR CODE TO REGISTER

PRE-REGISTRATION IS APPRECIATED FOR PARENT TALK TIME

FOR QUESTIONS CONTACT:
DANIELLE BOSEHOV-WELSH
DBOSEHOV@NACAA.NET OR
231.632.8937

Logos for CLEO, Northern Antrim Schools, and Family Coalition are present.

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Michigan Post-Graduate Opportunities

The Michigan Department of Education (MDE) has partnered with the Michigan Department of Labor and Economic Opportunity (LEO) to enhance the Michigan Career Pathfinder (mitalent.org) Resources page with organized resources that will help students and their families review college information, find financial aid information, get a job, serve their community or country, assess their skills if unsure of their path, and explore opportunities to earn college credit or receive training in high school. Please see the following resources below, or contact Mrs. Spyhalski: spyhalski@clps.k12.mi.us

[Parent Check List](#)

[Pathfinder Link](#)

Building Contact Information

Larry Rager, K-12 Principal, Athletic Director, rager@clps.k12.mi.us

231-544-3141 ext 54201

Elementary School

Rebecca Moffat, Assistant Elementary Principal, Assistant Athletic Director, District Special Ed. Director, moffat@clps.k12.mi.us

231-544-3141 ext 54335

Amanda Teal, Secretary, teal@clps.k12.mi.us

231-544-3141 ext 54300

Middle/High School

Cindy Rogers, Secretary, rogers@clps.k12.mi.us

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231-544-3141 ext 54200

Early Childhood Program

Anne Thornton, Director, thornton@clps.k12.mi.us

231-544-3141 ext 54331

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Upcoming School & Athletic Events

Monday, January 15th

- V Girls / V Boys Basketball vs. Ellsworth
 - @ Ellsworth, 5:30 PM

Tuesday, January 16th

- JV / V Boys vs. Pellston
 - @ Pellston, 6:00 PM

Wednesday, January 17th

- JV / V Girls Basketball vs. Gaylord St. Mary
 - @ Home, 6:00 PM

Thursday, January 18th

- Rescheduled JV / V Boys Basketball vs. Inland Lakes (1,000 point watch for Drayten Evans!)
 - @ Home, 6:00 PM

Friday, January 19th

- JV / V Girls Basketball vs. Inland Lakes
 - @ Home, 6:00 PM