Central Lake Early Childhood Development Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
29	30	1 Peach Smoothie Cheese Stick	2 WG Banana Pancakes w/Simply Fruit	3 WG 2oz Bagel w/cream cheese or Peanut Butter Cottage Cheese	Every Breakfast comes with fresh fruit, Whole white milk for 1-2 year
6 WG Cheerios Cereal Hard Cooked Egg	7 WG Croissant Sandwich Egg & Cheddar Cheese	8 Warm Strawberry Oatmeal Cheese Stick	9 WG Cinnamon Pancakes w/Simply Fruit	10 WG 2oz Bagel w/cream cheese or Peanut Butter Cottage Cheese	olds. 1% skim white milk for 2-5 year olds.
13 WG KIX Cereal Hard Cooked Egg	14 WG English Muffin Turkey Sausage, Egg & Cheddar Cheese	15 Strawberry/Banana Smoothie Cheese Stick	16 WG Banana Pancakes w/Simply Fruit	17 WG 2oz Bagel w/cream cheese or Peanut Butter Cottage Cheese	Simply Fruit is a jam made with 100% fruit, no added sugar!
20 WG Rice Krispies Cereal Hard Cooked Egg	21 WG English Muffin Egg & Cheddar Cheese	22 Peach Oatmeal Cheese Stick	23 WG Cinnamon Pancakes w/Simply Fruit	24 WG 2oz Bagel w/cream cheese or Peanut Butter Cottage Cheese	WG=Whole Grain Questions or comments please contact Nicole Hutchins
27 NO SCHOOL	28 WG Croissant Sandwich Egg & Cheddar Cheese	29 Mixed Fruit Smoothie Cheese Stick	30 WG Banana Pancakes w/Simply Fruit	31 WG 2oz Bagel w/cream cheese or Peanut Butter Cottage Cheese	231-544-3414 Ext:54206 <u>nhutchins@clps.k12.mi.us</u> Menus may change if an item becomes unavailable